

Dear _____

We have scheduled your appointment for an **Upper Endoscopy (EGD)**.

Appointment Date: _____

Arrival Time: _____

Procedure Time: _____

Address:

Admitting – Jonsson Building (1st Floor)
3501 Junius Street
Dallas, Texas 75246

Please make sure you have nothing to eat or drink after midnight.

If for any reason you need to cancel or reschedule your appointment, please try to give a minimum 48 hour notice.

Thanks,

Baylor Center for Inflammatory Bowel Diseases
Dr. Themistocles Dassopoulos MD

PLEASE FOLLOW THESE INSTRUCTIONS:

7 Days Before the Procedure:

1. If you are taking blood thinners (e.g., Coumadin, heparin, Lovenox, Plavix, Ticlid, or Persantine) or have a bleeding disorder, please discuss this with your physician at least a week prior to the procedure.

Day Before the Procedure:

1. Do not ingest any red liquids, red gelatins, or food with red dyes the day before or the day of your procedure.
2. Please do not eat anything after midnight on the evening prior to the procedure.
3. Take your medications as normal.

Day of the Procedure:

1. You should take your regular medications with sips of water, unless otherwise instructed by your doctor. Please do not take antacids or carafate the morning of your procedure.
2. If you are diabetic, take one-half your usual dose of insulin on the morning of your procedure. If you take a pill for your diabetes, do not take it the morning of your test

****** PLEASE NOTE******

Due to possible lingering effects from the sedation, **you cannot drive until the morning following the procedure and therefore must have a ride home.** For your own safety, you will not be discharged from the GI Lab unless a responsible adult is present to either drive you home or accompany you in a taxi or on public transportation.

PARKING INFORMATION:

Valet Parking – Jonsson Hospital circle drive. Available Monday thru Friday 5am to 9pm.

Patient drop off/pickup – Use circle drive at Jonsson Hospital.

Garage: Garage 4 (located directly across from Jonsson Hospital on Junius Street). It is accessible from Junius Street or Worth Street.

See attached campus map for directions and parking information.