

DIGESTIVE DISEASES and MEDICAL WEIGHT LOSS
4333 N. Josey Lane, Suite 100
Carrollton, TX 75010

Terilyn R. Scott-Winful, MD

INSTRUCTIONS FOR COLONOSCOPY WITH SUPREP *SPLIT – DOSE****

- 1. Medication:** Please notify us if you are on the following medications: **Plavix, Aggrenox, Pletal (cilostazol), Coumadin (Warfarin), Pradaxa, Effient, Xarelto, Brilinta or Eliquis.** These medications will need to be held **5 days prior** to your procedure. Please verify with your cardiologist or PCP whether these medications are safe to hold due to your medical condition. You should not use **Lovenox or Fragmin** the day of your procedure. If you take a baby aspirin, you should continue it unless recommended otherwise by your cardiologist or PCP. If you are Diabetic, please consult your primary care physician regarding your medication and diet. . If you are taking **Phentermine** you need to hold the medication 5 days before your procedure. **You may continue to take all other medications.** Please call our office with any questions you may have.
- 2. Diet:** The day before colonoscopy, consume **CLEAR LIQUIDS ONLY! DO NOT EAT ANYTHING! Avoid dairy and pulp products and anything that is red or purple!!** Drink plenty of fluids all day. Examples include: water, tea, sodas, Gatorade, strained fruit juices (no pulp), beef or chicken broth, Jell-O, popsicles and coffee without cream.
- 3. Prep Instructions: DAY BEFORE:** Prepare the first dose of **SUPREP** in the morning. You may refrigerate. You will begin your **first dose** at **6:00 p.m.** When finished drink (2) two 16 oz. cups of water. **MORNING OF PROCEDURE: At ____am,** drink the second dose of the prep. Follow again with (2) two 16 oz. of water. Be sure to drink clear liquids between doses of prep to ensure adequate hydration. **YOU SHOULD NOT HAVE ANYTHING TO DRINK 4 HOURS PRIOR TO THE PROCEDURE.** Please remove all jewelry prior to the procedure.
- 4. Procedure Fees:** There is a possibility of four fees: physician, facility, pathology & anesthesia. Physician and facility fees will be due before the procedure(s). You will receive a call from the physician's office and the facility to collect.
- 5. Transportation:** You must have someone you know drive you home. Taxicabs; Uber; Lyft or buses are not acceptable. You can expect to be at the facility 3-4 hours from the time you arrive.
- 6. COVID CONCERNS:** If you have had a positive COVID test within 21 days of your procedure day please call our office to reschedule.

Please Report To:

- Castle Hills Surgicare, 4221 Medical Parkway Suite 100, Carrollton, TX 75010 (972) 939-2141
- Baylor Ambulatory Endoscopy Center, 4708 Alliance Blvd., Medical Pavilion 1, Ste 210 Plano, TX 75093 (469) 800-6021. (www.baylorendoscopycenter.com)
- Baylor Scott & White Medical Center Plano, 4700 Alliance Blvd., 2nd Floor, Day Surgery (469) 814-5200.

DATE: _____ **TIME:** _____ **Check In:** _____

DR: _____ Scott-Winful _____

TO AVOID A NO SHOW/CANCELLATION FEE PLEASE CALL THE OFFICE 48 BUSINESS HOURS BEFORE YOUR PROCEDURE IF YOU NEED TO CANCEL OR RESCHEDULE AT (469) 800-1130.