

FASTING LAB PROTOCOL

- Nothing to eat or drink except water or black coffee for 4-6 hours prior
- Please continue to **take medications as you would normally**

LAB HOURS ARE MON – FRI 7:30AM – 3:15PM

CLOSED FOR LUNCH FROM 12:00PM – 1:00PM

IF YOU PLAN ON COMING INTO OUR LAB BETWEEN 7:30AM – 9:30AM, PLEASE EXPECT A WAIT TIME THAT COULD BE AS LONG AS 1 HOUR.

YOU ARE WELCOME TO COME IN ANY TIME THROUGHOUT THE DAY AS LONG AS YOU FOLLOW THE GUIDELINES LISTED ABOVE.

Thank you,
BS&W Internal Medicine Las Colinas