

**New Patient Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Apt: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Employer: \_\_\_\_\_ Occupation: \_\_\_\_\_

Pharmacy Name: \_\_\_\_\_ Pharmacy Phone: \_\_\_\_\_

Pharmacy Address: \_\_\_\_\_

Physician Who Referred You: \_\_\_\_\_

Name of Primary Care Physician (PCP): \_\_\_\_\_

**Chief Complaint:**

Chief Complaint: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

When did it start?: \_\_\_\_\_

How did it start?: \_\_\_\_\_

Please circle the quality of the complaints/pain:

Dull	Aching	Sharp	Stabbing	Sore
Burning	Tingling	Throbbing	Deep	Nagging

Does the pain radiate or move to any part of the body? Where? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Severity of Complaint (1-10) with 0 being no pain/symptoms and 10 the worst pain imaginable:

0      1      2      3      4      5      6      7      8      9      10

How Often Does it Bother You:

Occasional (0-25% of time)

Intermittent (25-50% of time)

Frequent (50-75% of time)

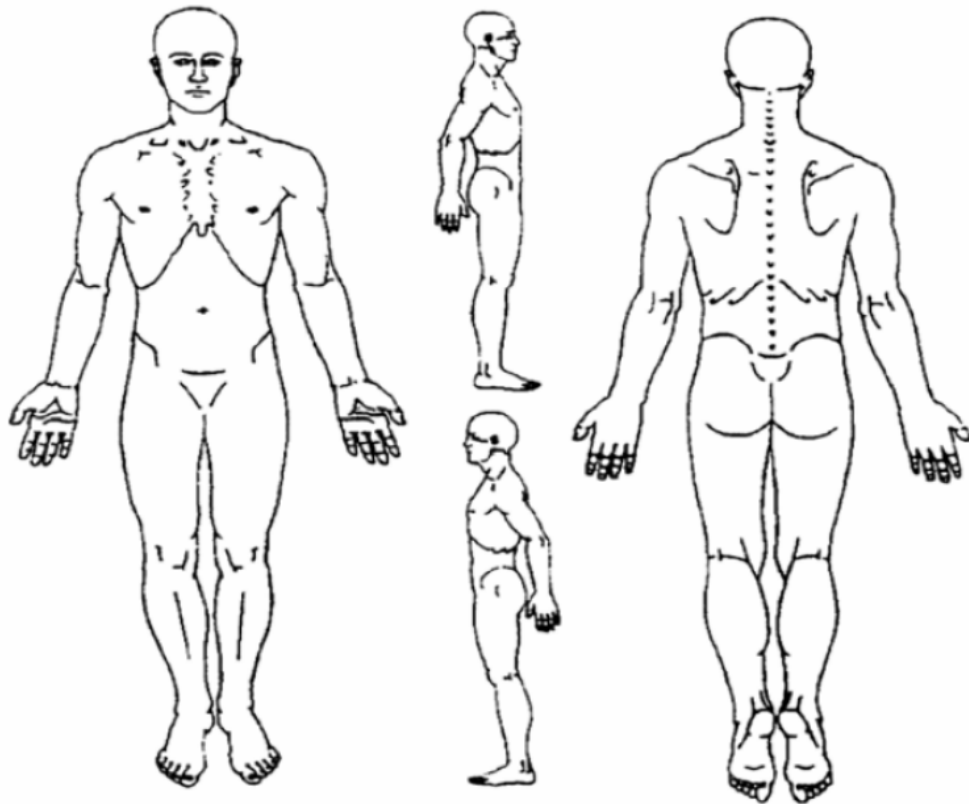
Constant (75-100% of time)

Please mark the area of discomfort on the diagram below using the appropriate symbols

Pain or burning    **x x x x x**

Numbness        **o o o o o**

Pins and Needles **= = = = =**



What makes it better? \_\_\_\_\_

\_\_\_\_\_

What makes it worse? \_\_\_\_\_

\_\_\_\_\_

What have you tried (Medications, Physical therapy, Chiropractor, Braces, Injections, Traction, Etc.)? When did you start/for how long have you used it? Did it make you better, worse or no change? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you seen any other doctors for this problem? If so, who and when? \_\_\_\_\_

What imaging have you had for the problem? \_\_\_\_\_

\_\_\_\_\_

How much work have you missed because of the problem? \_\_\_\_\_

\_\_\_\_\_

**Neck/Arm Pain:** Skip if not applicable

What percentage of your pain is neck pain \_\_\_\_\_ versus arm pain \_\_\_\_\_

*Example: 70% neck pain + 30% arm pain = 100%*

Is it mainly left arm, right arm or both? \_\_\_\_\_

Do you have difficulty pick up small objects like coins or buttoning buttons? Do you drop things?

\_\_\_\_\_

\_\_\_\_\_

Do you feel unsteady or off-balance on your feet? \_\_\_\_\_

\_\_\_\_\_

Do you have weakness in one or both of your arms or hands? \_\_\_\_\_

\_\_\_\_\_

**Back/Leg Pain:** Skip if not applicable

What percentage of your pain is back pain \_\_\_\_\_ versus leg pain \_\_\_\_\_

*Example: 70% back pain + 30% leg pain = 100%*

Is it mainly left leg, right leg or both? \_\_\_\_\_

Worst Position:

Standing

Sitting

Walking

How long can you stand/walk before you need to rest:

<5 minutes

<30 minutes

<60 minutes

60+ minutes

Sitting makes the pain better, worse or no different? \_\_\_\_\_

Bending forward makes the pain better, worse or no different? \_\_\_\_\_

Leaning makes the pain better, worse or no different? \_\_\_\_\_

Lying down makes the pain better, worse or no different? \_\_\_\_\_

Do you have bowel or bladder control issues? \_\_\_\_\_

**General Questions:**

History of Spine Surgery? If so, what kind/where/when? Any complications? \_\_\_\_\_

History of Abdominal/Pelvic Surgery? If so, what kind/where/when ? \_\_\_\_\_

Do you take any blood thinning medications? If so, what kind/why ? \_\_\_\_\_

Do you have Diabetes? If so, what was your most recent A1c? \_\_\_\_\_

Are you taking any weight loss medications? If so, what medication? \_\_\_\_\_

Are you taking any narcotic medications? If so, what kind/dose? \_\_\_\_\_

Are you using any nicotine products? If so, what kind? \_\_\_\_\_

Do you drink alcohol? If so, what kind and how much? Any illicit drug use? \_\_\_\_\_

Have you had a DEXA or Bone Density Scan? Are you taking any medications for this? \_\_\_\_\_

Have you had a vitamin D check? Are you taking any medications for this? \_\_\_\_\_

**Past Surgical History:**

Type of Surgery	Approximate Year	Type of Surgery

**Past Medical History:**

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Osteoarthritis         | <input type="checkbox"/> Heart disease       | <input type="checkbox"/> Kidney disease  | <input type="checkbox"/> Cancer          |
| <input type="checkbox"/> Rheumatoid Arthritis   | <input type="checkbox"/> Heart failure (CHF) | <input type="checkbox"/> Kidney stones   | <input type="checkbox"/> Stomach ulcers  |
| <input type="checkbox"/> Ankylosing Spondylitis | <input type="checkbox"/> Heart attack (MI)   | <input type="checkbox"/> Kidney failure  | <input type="checkbox"/> Alcoholism      |
| <input type="checkbox"/> Osteoporosis           | <input type="checkbox"/> Stroke              | <input type="checkbox"/> Seizures        | <input type="checkbox"/> Substance Abuse |
| <input type="checkbox"/> Bleeding disorder      | <input type="checkbox"/> Lung disease        | <input type="checkbox"/> Thyroid trouble | <input type="checkbox"/> Serious injury  |
| <input type="checkbox"/> Blood clot in leg      | <input type="checkbox"/> Tuberculosis        | <input type="checkbox"/> Mental illness  | <input type="checkbox"/> Other _____     |
| <input type="checkbox"/> Blood clot in lung     | <input type="checkbox"/> Asthma              | <input type="checkbox"/> Anemia          |  |
| <input type="checkbox"/> High blood pressure    | <input type="checkbox"/> Liver disease       | <input type="checkbox"/> Gout            |  |
| <input type="checkbox"/> Diabetes               | <input type="checkbox"/> Hepatitis           | <input type="checkbox"/> HIV             |  |

**Medications:** Please list ALL current medications and doses


**Allergies:** Please list all known allergies to medications/foods and their reactions; Please include any reactions to anesthesia

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**Review of Symptoms:**

**Are you currently or have had problems with:**

**\* Please explain and describe all YES answers below**

- |                                   |                              |                             |                |
|-----------------------------------|------------------------------|-----------------------------|----------------|
| Hematological / Bleeding problems | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Unexplained weight loss           | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Skin                              | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Ear, Nose, Throat                 | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Stomach / Digestion               | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Bladder / Bowel problems          | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Musculoskeletal                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Neurological                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Psychiatric problems              | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Fever / Chills                    | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Night sweats                      | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |
| Night pain / Pain at rest         | <input type="checkbox"/> Yes | <input type="checkbox"/> No | Describe _____ |

Is there anything else you think we need to know/want us to address?