

Family Medicine Residency Program

Mission Statements (rev. 02/2024)

Residency Program Mission Statement

Our Mission is to develop competent, compassionate family physicians with the skills necessary to provide high-quality medical care and promote the well-being of all individuals, families, and communities through exceptional resident education.

BSW Health Mission

Founded as a Christian ministry of healing, Baylor Scott & White Health promotes the well-being of all individuals, families, and communities.

Texas A&M College of Medicine's Mission

Our Mission is to improve the health and well-being of the people of Texas through excellence in education, research, and healthcare delivery.

Residency Program AIMS (rev. 02/2024)

- 1. **Comprehensive Patient Care**: To train residents in providing comprehensive, high-quality patient-centered care across the lifespan, emphasizing preventive measures and holistic approaches to health management; in the communities they serve.
- 2. **Holistic Approach / Integrative Medicine**: To educate residents in the principles of integrative medicine, incorporating evidence-based complementary therapies alongside conventional treatments to address the physical, mental, and emotional well-being of patients.
- 3. **Lifelong Learning and Professional Development**: To foster a culture of lifelong learning among residents, encouraging them to stay abreast of the latest advancements in family medicine, preventive care, and integrative medicine through continued education and professional development opportunities.
- 4. **Promote Healthy living in patients**: Educate residents in promoting healthy living. Residents have an opportunity to participate in the "Lifestyle Medicine Residency Curriculum (LMRC)" offered by the American College of Lifestyle Medicine.
- 5. **Community Engagement**: To cultivate a sense of social responsibility and community engagement in residents, empowering them to actively participate in community health initiatives, and address social determinants of health.
- 6. **Leadership and Innovation**: To develop residents as future leaders in family medicine; equipping them with the skills, knowledge, and professional responsibility to drive innovation, quality improvement, and positive change in healthcare delivery and health systems.
- 7. **Personal wellness and Self-Care**: To prioritize resident wellness and self-care, implementing strategies to mitigate burnout, promote work-life balance, and support the physical and emotional well-being of residents throughout their training.
- 8. **Continuous Program Evaluation and Improvement**: To regularly assess and evaluate the residency program's effectiveness in achieving its aims, soliciting feedback from residents, faculty, and stakeholders to identify areas for improvement and innovation.