

# Facts about the COVID-19 vaccine



## 3 approved vaccines

To date, the FDA approved emergency use authorization for the Johnson & Johnson (18 and older), Pfizer/BioNTech (16 and older) and Moderna (18 and older) vaccines. Additional vaccines may be approved in coming days, weeks and months.



## 1 dose or 2?

The Johnson & Johnson vaccine requires one dose. For two-dose vaccines (Moderna and Pfizer), the second dose should be administered within the CDC-recommended window of up to six weeks after the first dose. Experts recommend getting the first vaccine that is available to you.



## Trust the science

Vaccines have saved our society, allowing us to develop “community immunity.” We strongly encourage everyone who is eligible to receive the vaccine.



## Mild to moderate

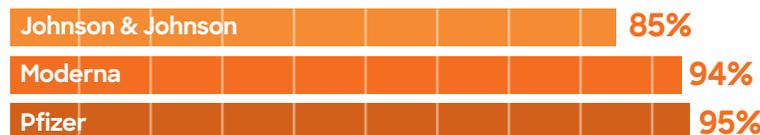
Side effects from the vaccine include:

- Swelling, redness and pain at the injection site
- Fatigue pain
- Headache
- Muscle pain / joint pain
- Fever and chills



## Safety and efficacy

All three vaccines are highly effective.\*



\* Efficacy at preventing either severe COVID-19 or symptomatic COVID-19.



## Keep up safety measures

Stay diligent, even once vaccinated, by continuing to practice masking, physical distancing and regular hand hygiene.

Visit [BSWHealth.com/COVIDvaccine](https://www.bswhealth.com/COVIDvaccine) for more FAQs and details.



**MYTH: COVID-19 vaccines are not safe because they were developed and tested quickly.**

**FACT:** Many pharmaceutical companies have invested significant resources into developing COVID-19 vaccines quickly this emergency situation warranted an emergency response. That does not mean the companies bypassed safety protocols or performed inadequate testing.



**MYTH: I don't need the vaccine if I've already had and recovered from COVID-19.**

**FACT:** Due to the severe health risks associated with COVID-19 and the possibility of re-infection, it is advised to get vaccinated even if you have been sick with COVID-19 before. However, those with active COVID-19 symptoms should wait to get vaccinated until asymptomatic. Those who have been treated with convalescent plasma or monoclonal antibodies for COVID-19 should wait 90 days after treatment to be vaccinated.



**MYTH: Once I get the vaccine, I don't need other protection.**

**FACT:** At this time, there is not enough data to know if those who are vaccinated can still carry and transmit COVID-19 to others. It remains important to take safety measures like wearing a mask, washing hands frequently and practicing physical distancing.



**MYTH: The vaccines can lead to miscarriage or infertility.**

**FACT:** There is no scientific evidence or reason to believe that the vaccine can cause infertility or trigger a miscarriage based on ingredients or the mechanism by which they work. In fact, studies show that pregnant women are at higher risk of serious illness from COVID-19.