

**Digestive Disease Group
Dallas Diagnostic Association
Baylor Medical Pavilion I
4708 Alliance Blvd., Suite 200 Plano TX, 75093
(972)758-4600**

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**Tya-Mae Julien, MD
Shibu Oommen, MD
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Rassa Shahidzadeh, MD
Thomas Van Dinter, MD**

Instructions for Colonoscopy

1. **Medication:** Please notify us if you are on the following medications: **Coumadin or Warfarin**. You may need to stop these medications 5 days prior to your procedure. **Lovenox or Fragmin** should not be used the day of the procedure. If you are Diabetic, please consult your primary care physician regarding your medication and diet. **If you take antibiotics prior to seeing your dentist please notify your physician.** You may continue to take all other medications. Please call our office with any questions you may have.
2. **Diet:** The day before the procedure consume **CLEAR LIQUIDS ONLY. DO NOT EAT ANYTHING! Avoid dairy products and anything red!!** Drink plenty of fluids all day. Examples of clear liquids include: **Bouillon, Broth, Tea, Jell-O, Soda, Gatorade, Popsicles, Fruit Juice without pulp, or Coffee without cream.**
3. **Additional Instructions:** The morning before the procedure, fill the gallon of colon prep with water to the fill line. Mix well. If you choose not to use the flavor packs you can mix the unflavored prep with 2 packets of Crystal Light. Refrigerate until needed later in the evening. The evening before the procedure between 3:30 –7:00 PM when you are home for the day begin drinking the prep. Begin with an 8-ounce glass every 20-30 minutes. Take your time; it can take 4-5 hours to complete. Continue drinking clear liquids. If you become nauseated you may stop for 30 minutes to an hour then resume drinking the prep. If you have a later morning procedure time you may have 8 oz of a clear liquid. **You should not have anything 4 hours prior to your procedure.** Please remove all jewelry prior to the procedure.
4. **Transportation:** Taxicabs are not acceptable. **You must have someone you know drive you home. From the time you arrive at our facility until the time you leave may require 2 to 3 hours.**

Please Report To:

- Baylor Ambulatory Endoscopy Center, 4708 Alliance Blvd, Medical Pavilion I, Ste 210, (972)758-4950
www.baylorendoscopycenter.com
- Ambulatory Endoscopy Clinic of Dallas, 6390 LBJ Freeway Ste 200, (972) 934-3691
www.dallasendoscopy.com
- Medical City Dallas, 7777 Forest Ln. Building A, Room 242, GI Lab (972) 566-7089

DATE: _____
TIME: _____
DR: _____

PLEASE CALL THE OFFICE 48 HOURS IN ADVANCE IF YOU NEED TO CANCEL OR RESCHEDULE THE PROCEDURE. (972)758-4600.

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Instruction for Colonoscopy with HalfLytey Prep

1. **Medication:** Please notify us if you are on the following medications: **Plavix, Aggrenox, Coumadin or Warfarin.** You may need to stop these medications 5 days prior to your procedure. **Lovenox** or **Fragmin** should not be used the day of the procedure. If you are Diabetic, please consult your primary care physician regarding your medication and diet. **If you take antibiotics prior to seeing your dentist please notify your physician.** You may continue to take all other medications. Please call our office with any questions you may have.
2. **Diet:** The day before the procedure consume **CLEAR LIQUIDS ONLY. DO NOT EAT ANYTHING! Avoid dairy products and anything red!!** Drink plenty of fluids all day. Examples of clear liquids include: **Bouillon, Broth, Tea, Jell-O, Soda, Gatorade, Popsicles, Fruit Juice without pulp, or Coffee without cream.**
3. **Transportation:** **Taxicabs are not acceptable. You must have someone you know drive you home.**
4. **Additional Instructions:** Follow the HalfLytey Prep instructions that you will receive when you fill your prescription. **Take 2 Biscodyl tablets at 12 PM then you may begin drinking the half gallon of Halflytey after the first BM if you have not had one then begin drinking your prep at 3 PM. You should not have anything 4 hours prior to your procedure. Please remove all jewelry prior to the procedure.**

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HalfLyte Bowel Prep

THE DAY BEFORE YOUR COLONOSCOPY:

STEP 1.

In the morning mix solution and place in refrigerator.

- Add lukewarm drinking water to top of line on bottle.
- Cap bottle and shake to dissolve the powder. Add a flavor pack if desired.
- The reconstituted solution will be clear and colorless and may be refrigerated. (must be used within 48 hours.)

STEP 2.

At 12pm take tablet inside of box.

- Take bisacodyl tablet with a glass of water.
- Do NOT chew or crush. Swallow whole.
- Do not take the tablet within 1 hour of taking an antacid.

STEP 3.

At 3pm begin drinking the solution.

- Drink 1 (8oz) glass of solution every 15 minutes (will be a total of 8 glasses).
- If you become nauseated, discontinue drinking for about 20 minutes (or until nausea goes away), and then continue drinking the solution.
- Must finish ALL of solution.

*NOTE: Do not take any other medicines within 1 hour of starting to drink the solution