

**Digestive Disease Group
Baylor Medical Pavilion I
4708 Alliance Blvd., Suite 200 Plano TX, 75093
(469) 800-6020**

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Instruction for Colonoscopy with Prep-O-Pik Bowel Prep

1. **Medication:** Please notify us if you are on the following medications: **Plavix, Aggrenox, Coumadin, Warfarin, Pradaxa, Effient, Xerelto or Brilinta.** You may need to stop these medications 5 days prior to your procedure. **Lovenox or Fragmin** should not be used the day of the procedure. If you are Diabetic, please consult your primary care physician regarding your medication and diet. **If you take antibiotics prior to seeing your dentist please notify your physician.** You may continue to take all other medications. Please call our office with any questions you may have.
2. **Diet:** The day before the procedure consume **CLEAR LIQUIDS ONLY. DO NOT EAT ANYTHING!** Avoid dairy products and anything red!! Drink plenty of fluids all day. Examples of clear liquids include: **Bouillon, Broth, Tea, Jell-O, Soda, Gatorade, Popsicles, Fruit Juice without pulp, or Coffee without cream.**
3. **Transportation:** Taxicabs are not acceptable. **You must have someone you know drive you home.**
3. **Additional Instructions:** Follow the Prep-O-Pik Bowel Prep instructions that you receive. **You should not have anything 4 hours prior to your procedure. Please remove all jewelry prior to the procedure.**

Please Report To:

- Baylor Ambulatory Endoscopy Center, 4708 Alliance Blvd, Medical Pavilion I, Ste 210,
(469) 800-6021 www.baylorendoscopycenter.com
- Baylor Regional Medical Center at Plano, 4700 Alliance Blvd., 2nd floor, Day Surgery Registration
(469)814-5200

DATE: _____

TIME: _____ **Check In:** _____

DR: _____

PLEASE CALL THE OFFICE 48 HOURS IN ADVANCE IF YOU NEED TO CANCEL OR RESCHEDULE THE PROCEDURE. (469) 800-6020

PATIENT INSTRUCTION SHEET

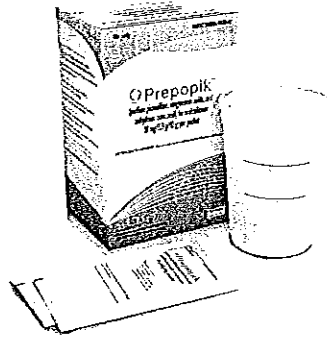
SPLIT-DOSE regimen

Evening before AND day of the procedure

What's Inside

Inside your Prepopik box you will find:

- One (1) dosing cup
- Two (2) packets of Prepopik powder
- Complete Product Information for your reference



Clear Liquids

Here are some examples of clear liquids your healthcare provider may recommend:

- Water
- White grape juice
- Clear broth
- Ginger ale
- Apple juice
- Plain gelatin
- White cranberry juice
- Frozen juice bars

DO NOT drink any of the following:

- NO red or purple liquids
- NO liquids that you can't see through
- NO alcoholic beverages

Important Safety Information


- Do not take Prepopik if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in Prepopik
- Tell your healthcare provider right away if you have any of these symptoms of a loss of too much body fluid (dehydration) while taking Prepopik: vomiting that prevents you from keeping down the additional prescribed amounts of clear liquids that you must drink after taking Prepopik, dizziness, urinating less often than normal, or headache
- Prepopik and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that can cause death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with Prepopik is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs). The most common side effects of Prepopik include nausea, headache, and vomiting

Please see accompanying full Product Information.

Patient Instruction Video

To watch a brief demonstration of these instructions, scan this code with your smartphone or visit our website at www.prepopik.com/patientvideo.



 **Prepopik**[™]
(sodium picosulfate, magnesium oxide, and
anhydrous citric acid) for oral solution
10 mg/3.5 g/12 g per packet

FERRING
PHARMACEUTICALS

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PK/127/2013/US

PATIENT INSTRUCTION SHEET

SPLIT-DOSE regimen

Evening before AND day of the procedure



PACKET

1

The night before your colonoscopy procedure

DATE

/ /

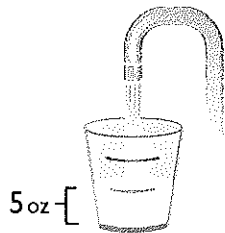
TIME

PM to

PM

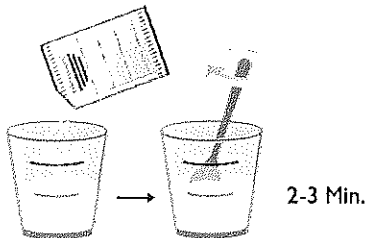
STEP ONE

Fill the dosing cup provided with cold water up to the lower (5-ounce) line on the cup



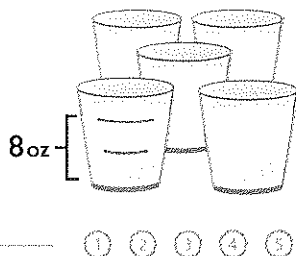
STEP TWO

- Pour in the contents of ONE (1) packet
- Stir for 2-3 minutes until dissolved
- Drink the entire contents



STEP THREE

Follow with FIVE (5) 8-ounce drinks of clear liquid, taken at your own pace within the next 5 hours, before bed



Check off a circle as you finish each drink.



PACKET

2

The morning of your procedure

DATE

/ /

TIME

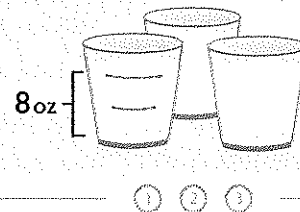
AM to

AM

Repeat STEPS ONE and TWO



Follow with at least THREE (3) 8-ounce drinks of clear liquid within 5 hours, before the colonoscopy



Check off a circle as you finish each drink.

Your colonoscopy is scheduled for

DATE

/ /

TIME

:

PM

AM

 **Prepopik**TM

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) for oral solution

10 mg/3.5 g/12 g per packet

Indication

Prepopik is a prescription medicine used by adults to clean the colon before a colonoscopy. Prepopik cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

Please see Important Safety Information on reverse side. Please see accompanying full Product Information.

Additional information on reverse side. ►