

Guide to your surgery or procedure

We're committed to providing you with safe, quality and compassionate care. We recommend completing the registration process ahead of time for a smoother, more restful experience.

Testing

As an additional level of safety, all patients must complete a COVID-19 screening and two types of laboratory tests within 48-hours before your scheduled surgery or procedure. Most of the time, we can perform these tests while you're getting other pre-admission laboratory testing.

Before your procedure: self-monitoring safety

Continue to self-quarantine until the procedure to help protect yourself and prevent exposure to people who have or may have been exposed to a contagious disease.

- Monitor for fever by taking your temperature twice daily (once in the morning and once in the evening) and remaining alert for cough or difficulty breathing.
- If you experience fever, cough, shortness of breath, sore throat, weakness, muscle pain, diarrhea, vomiting and/or loss of smell, immediately call your doctor for your next steps.

Evening before the procedure

Your physician will provide instructions for you to follow regarding eating, drinking and taking medications before the procedure. If appropriate, an anesthesiologist or nurse anesthetist will also contact you before your arrival to discuss the benefits, risks and alternatives associated with anesthesia.

To avoid delays in your procedure:

- Follow instructions from your physician and anesthetist
- Do not shave or wax near the surgical site
- Plan for a family member or friend to drive you home after your procedure

Morning of the procedure

Parking at the hospital is available for free in the Pavilion Parking Garage, located at 8th Avenue and Magnolia Avenue. Currently, the only accessible entrance into the facility is at Andrews Women's Hospital. You'll also be provided with a mask to wear inside the hospital if you do not have one.

Please bring the following items:

- Identification or driver's license and advance directive
- Storage cases for the following items, if worn: contact lenses, dentures, and hearing aids

Please remember to leave valuables at home and remove all jewelry before you arrive.

Visitation

One family member or visitor will be allowed to accompany you to the waiting area. Following the completion of your procedure, your guest will be allowed to come see you in recovery. If the surgery requires an overnight stay, your visitor will be asked to leave at that time.

MyBSWHealth

Keep track of your test results and other clinical testing by downloading the free **MyBSWHealth app**. Access the app in one of three ways:

App Store: [MyBSWHealth](#)

Text: [Better to 88408](tel:88408)

Visit: [BSWHealth.com/MyBSWHealth](https://www.bswhealth.com/MyBSWHealth)



If your test for COVID-19 is negative, you will be informed on the app. If your test for COVID-19 is positive, your physician will notify you right away and discuss if the surgery should be postponed.

Benefits of using MyBSWHealth:

- View lab results and past visit summaries
- Schedule appointments with Baylor Scott & White Health providers
- Order prescriptions from a provider
- Securely communicate with your care team
- Schedule an eVisit or video visit with dedicated Baylor Scott & White Health providers, without leaving home