

Benefits Contacts



Benefit	Carrier	Phone	Website
Questions about your pay, benefits, paid time off, disability or leave	PeoplePlace	844.417.5223	myPeoplePlace.com
Addiction Recovery	Enterhealth	844.261.4855	bhcs-support.com
Child and family care assistance	Bright Horizons	877.242.2737	careadvantage.com/bswh
Dental	MetLife	800.942.0854	online.metlife.com/edge/web/public/benefits
Discount Program	Beneplace	800.683.2886	beneplace.com/bswh
Employee Assistance Program (EAP)	Cigna	877.622.4327	My.Cigna.com
Flexible Spending / Health Savings Accounts	Optum Bank	800.243.5543	optumbank.com
Legal Plan	MetLife Legal	800.821.6400	info.legalplans.com
Life, AD&D, Long-term disability, Critical illness, Accidental injury	Cigna	800.642.8238	My.Cigna.com
Medical	Baylor Scott and White Health Plan	844.843.3229	bswh.swhp.org
Prescription	Scott and White Health Plan	800.728.7947	bswh.swhp.org
Purchasing program	Purchasing Power	888.923.6236	purchasingpower.com
Retirement	Empower	844.722.2794	bswhretirement.com
Short-Term disability	Absence Center	844.511.5762	mysedgwick.com/BSWH
Thrive365	Health & Wellness Team	844.417.5223	thriveforwellness.com
Tobacco cessation	YesQuit	877.937.7848	yesquit.org
Travel assistance	Cigna	800.642.8238	My.Cigna.com
Vision	EyeMed	844.409.3401	eyemed.com/en-us

Visit [BSWHealth.com/Benefits](https://www.bswhealth.com/benefits) to learn more!