

# 2023 Benefits Contacts



Benefit	Carrier	Phone	Website
Questions about your pay, benefits, paid time off, disability or leave	PeoplePlace	844.417.5223	myPeoplePlace.com
Accidental injury, Critical illness and Hospital care	Cigna	877.505.5872	My.Cigna.com
Addiction Recovery	Enterhealth	844.261.4855	bhcs-support.com
Child and family care assistance	Bright Horizons	877.242.2737	My.BrightHorizons.com
Dental	Cigna	877.505.5872	myCigna.com
Discount Program	BenePlace	800.683.2886	Beneplace.com/BSWH
Employee Assistance Program (EAP)	Cigna	877.622.4327	My.Cigna.com
Family Concierge	Bright Horizons	888.874.0420	My.BrightHorizons.com
Flexible Spending / Health Savings Accounts	Optum Bank	800.243.5543	OptumBank.com
Legal Plan	MetLife Legal	800.821.6400	info.legalplans.com
Life, AD&D, Long-term disability	New York Life	800.642.8238	myNYLGBS.com
Medical	Baylor Scott & White Health Plan	844.843.3229	BSWHealthPlan.com/BSWH
Prescription	Baylor Scott & White Health Plan	800.728.7947	BSWHealthPlan.com/BSWH
Purchasing program	Purchasing Power	888.923.6236	PurchasingPower.com
Retirement	Empower	844.722.2794	BSWHRetirement.com
Secure travel	New York Life	888.226.4567	ops@us.generaliglobalassistance.com
Short-term disability	Absence Center	844.511.5762	mysedgwick.com/BSWH
Tobacco cessation	YesQuit	877.937.7848	yesquit.org
Tuition reimbursement	EdAssist	855.853.5034	bswh.edassist.com
Vision	EyeMed	844.409.3401	eyemed.com/en-us

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