Wellness Portal Registration

Visit **BSWHealth.com/Benefits/Thrive365Portal**

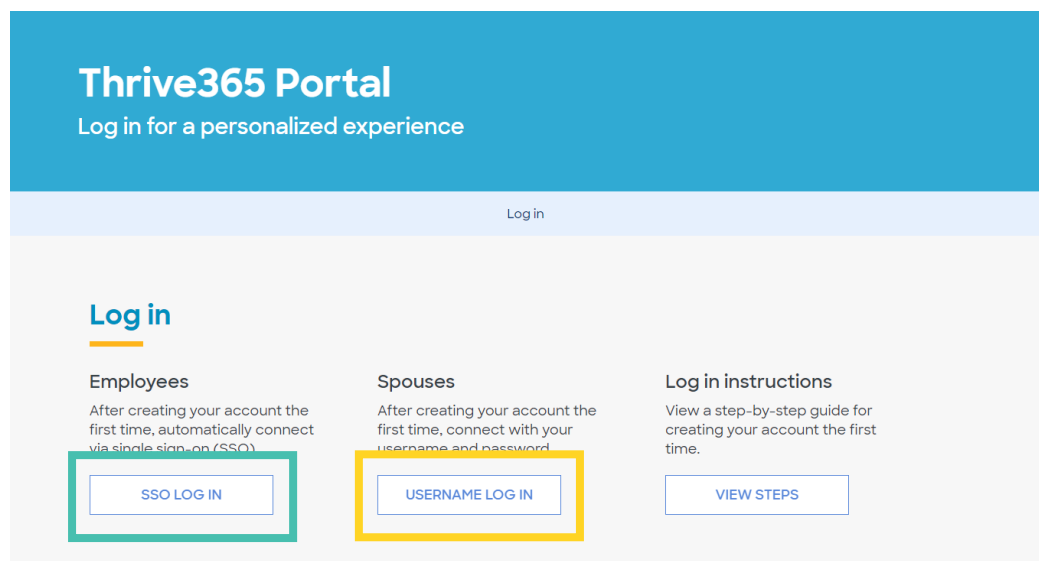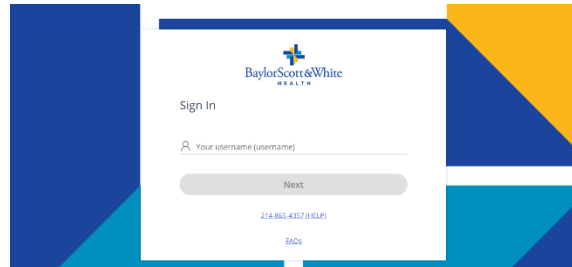| Employees: Click the **SSO Log in**	Spouses: Click the **Username Log In**
Follow these registration steps	**Follow these registration steps**
Note: After creating your account, employees do not need to re-use their username/password for future log-ins, if using the SSO link.	**Note:** After creating your account, remember the username/password for future log-ins

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Thrive365 Portal
Log in for a personalized experience

Log in

Log in

Employees

After creating your account the first time, automatically connect via single sign-on (SSO)

[SSO LOG IN]

Spouses

After creating your account the first time, connect with your username and password

[USERNAME LOG IN]

Log in instructions

View a step-by-step guide for creating your account the first time.

[VIEW STEPS]

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Employee Instructions | SSO Log In

1. Click the **SSO Log In**   **Note:** After creating your account, employees do not need to re-use their username/password for future log-ins, if using the SSO link.

2. Authenticate your BSW credentials

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   Sign In

   ⚇ Your username (username)

   Next

   214-865-4357 (HELP)

   FAQs

3. After authenticating, you will be taken to the WebMD account creation screen. Your **Registration ID** will be auto-populated with your employee ID.

   Authentication and Security Information

   Registration ID *

   Employees: Employee ID

   Spouses: Employees Employee ID + Spouses First name + Spouses DOB

   Example:

   12345joe01011970

4. We suggest **re-using your registration ID as your username** to streamline the process.

   Username *

   (6 or more letters or numbers; special characters allowed; no spaces)

5. Create a **password** Retype to verify

   Password *

   ⬤━━━

   ON ⬤ Hide Password   Requirements & Safety

   Retype Password *

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6. Enter your **birthdate**

Birthdate (mm/dd/yyyy) *
1/1/1980

7. Enter **email address**
Retype to verify

Email Address *
john.smith@bswhealth.org
Enter the personal email address where you would like to
receive your Health Manager mail.

8. Click to "**check**" the
box to "I have read
and agreed …"

Verify Email Address *
john.smith@bswhealth.org
(Please confirm your email address.)

9. Click "**Go**"

Agreement

☑ * I have read and agreed with WebMD's Terms and Conditions and have read and understood WebMD's Privacy Policy

→ [GO]

Your account is created! Note: You will be asked a series of questions—these are not required fields, and information is only used to help customize your portal experience.

Spouse Instructions | Username Log In

1. From the WebMD screen, click "**Create Account**"
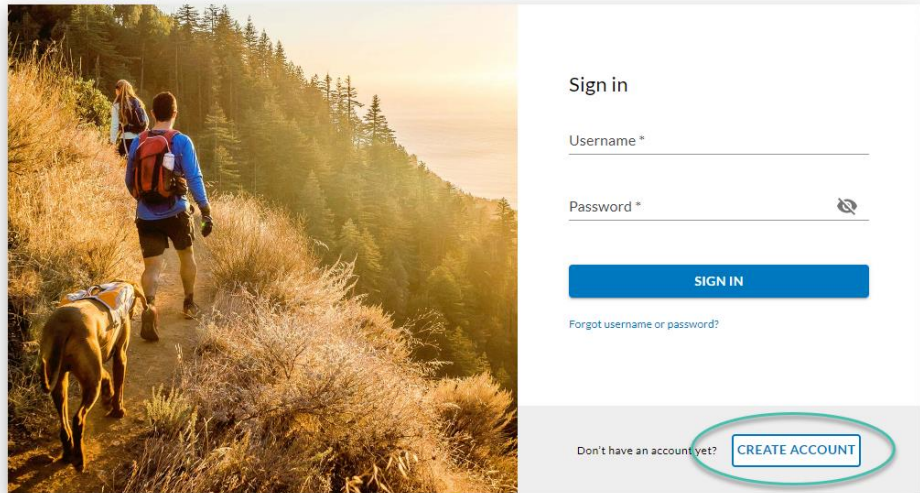
2. Use the BSWH Employee ID (no leading zeros or letters) + Employee's First Name+ DOB with as your **Registration ID**

   Example: 12345Joe01011970

3. Create a **username** that you will use to log in for future access

4. Create a **password** Retype to verify

Authentication and Security Information

Registration ID *

Employees: Employee ID

Spouses: Employees Employee ID + Spouses First name + Spouses DOB

Example:

12345joe01011970

Username *

(6 or more letters or numbers; special characters allowed; no spaces)

Password *

ON   Hide Password   Requirements & Safety

Retype Password *

![thrive365 logo]

5. Enter your **birthdate**

Birthdate (mm/dd/yyyy) *
1/1/1980

6. Enter **email address**
   Retype to verify

Email Address *
john.smith@bswhealth.org

Enter the personal email address where you would like to receive your Health Manager mail.

7. Click to "**check**" the box to "I have read and agreed …"

Verify Email Address *
john.smith@bswhealth.org

(Please confirm your email address.)

Agreement

8. Click "**Go**"

☑ * I have read and agreed with WebMD's Terms and Conditions and have read and understood WebMD's Privacy Policy

➡ [GO]

Your account is created! Note: You will be asked a series of questions—these are not required fields, and information is only used to help customize your portal experience.

Once you are registered you will receive a *Welcome* email from WebMd with your username and a link to login. If you do not receive an email, be sure to check your Bulk or Spam mail.

![Baylor Scott & White Health logo]